

YOU'RE INVITED!

New thinking about what we're eating

Fresh

A film by ana Sofia joanes

Free Public Screening

Saturday, February 13th, 2:30 p.m.
University Laboratory School MultiPurpose Bldg.
1776 University Avenue

Ripple Effect presents "FRESH" Produced and Directed by ana Sofia joanes
Editor: Mona Davis Director of Photography: Valery Lyman Music: David Majzlin
Sound Design: Eric Milano Mixing: Tom Paul Poster Design: Seltzer Studio Graphics

www.FRESHthemovie.com • <http://FRESHthemovie.yelp.com>



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1ST ANNUAL UNIVERSITY LABORATORY SCHOOL

RECYCLE A THON

AND
SUSTAINABILITY FAIR

A STUDENT-CREATED, STUDENT-COORDINATED EVENT

Please join us for free music, food, entertainment,
educational booths, and crafts for keiki of all ages!

SATURDAY, FEBRUARY 13, 2010 11 AM – 4 PM
UNIVERSITY LABORATORY SCHOOL
1776 UNIVERSITY AVENUE HONOLULU, HI

For more information, contact Project Pono adviser
Miki Tomita at mtomita@hawaii.edu or 808.956.8659.

Support our event and the environment - bring these items to our recycling drive!

- Hi-5 redeemable containers for fundraiser
- Plastic bottle caps made of #5 rigid plastic
- Home computers (one per car)
- laptops, printer cartridges, hand-held electronics,
- eyeglasses,
- Glossy papers, magazines, and phonebooks.
- Incandescent lightbulbs (we'll give you CFLs!)
- YOU and your GO GREEN spirit!



UNIVERSITY LABORATORY SCHOOL
PROJECT PONO

YOU ARE CORDIALLY INVITED TO HELP US INAUGURATE OUR 1ST ANNUAL UNIVERSITY LABORATORY SCHOOL RECYCLE-A-THON AND SUSTAINABILITY FAIR ON SATURDAY FEBRUARY 13TH FROM 11 AM TO 4 PM. CREATED AND COORDINATED BY ULS PROJECT PONO SENIORS MICAH G., ADAM O., AND ANGIE Y., AND JUNIOR RYAN U., THIS IS AN EVENT FOR THE ENTIRE FAMILY. IN ADDITION TO COLLECTING MANY TYPES OF YOUR RECYCLABLES, WE'LL HAVE EDUCATIONAL DISPLAYS AND ACTIVITIES, GAMES AND CRAFTS FOR KEIKI OF ALL AGES, LIGHT AND HEALTHY FOOD AND DRINKS, AND STARTING AT 11:30 AM, THERE WILL BE MUSICAL ENTERTAINMENT FROM THE LAB SCHOOL FUNK BAND, OUR 2ND/3RD GRADE CLASS, AND SENIOR MICAH G. BEGINNING AT 2:30 PM, THE EVENT WILL CULMINATE WITH A RARE, FREE SCREENING OF THE MOVIE 'FRESH', A 72 MINUTE FILM WHICH PROVIDES AN INSPIRATIONAL LOOK INTO THE CURRENT MOVEMENT TOWARDS HEALTHY, ORGANIC, SUSTAINABLE FOODS.

SUGGESTED DONATION FOR ADMISSION IS 5 HI-5 REDEEMABLE CONTAINERS PER PERSON (EQUIVALENT TO \$ 0.25), OR \$ 1 CASH PER PERSON. LUNCH IS FREE WITH PARTICIPATION IN OUR 'GREEN TOUR' (VISITS TO OUR FEATURED BOOTHS), OR \$ 5 DONATION PER PERSON WITH \$ 1 OFF FOR BRINGING YOUR OWN PLATE.

PLEASE JOIN US FOR A FUN DAY OF RECYCLING, GAMES, EDUCATION, HEALTHY FOOD, AND RAISING ENVIRONMENTAL CONSCIOUSNESS!

Partners and contributors to our event include Down to Earth, Styrophobia, Nalo Farms, Beach Environmental Awareness Campaign Hawai'i (B.E.A.C.H.), Blue Planet Foundation, Waikiki Worm, Hagadone Printing, Aloha 'Aina Recycling Partners, InTrade, Lions Club, City & County of Honolulu's Opala.org and others, and grants provided by Youth Service Hawaii, Starbucks Foundation, ULS Alumni Association, and Sustainable COE (UHM College of Education).



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Project Pono is an environmental stewardship and service learning program at University Laboratory School. The primary focus of the program is to involve students in environmental service and activism, and to involve students in taking charge of their own learning and of educating others.